

READING REFLECTION WORKSHEET

Title of
Article/Book:

Author:

Date Read:

1 Key Takeaways

A. Main Idea:

Summarize the reading's central theme or main idea in 2-3 sentences.

B. Important Points:

List 3-5 essential points and/or facts you learned from the reading.

C. Surprising Insights:

Note any information or insights that surprised you or challenged your previous understanding.

2 Critical Analysis

A. Content Strengths:

What are the strengths of the content? Consider the depth of research, the argument's clarity, and the presentation.

B. Areas for Improvement or Critique:

What could be improved? Are there weak points in the arguments or gaps in the content?

C. Questions for Further Consideration:

List any questions that arose while reading that you would like to explore further.

3 Personal & Group Reflection

A. Personal Reflection:

How does this reading relate to your personal experiences or beliefs? How has it impacted your thinking?

B. Application in Real Life: *Personal and Professional*

Identify at least one way you can apply a lesson or idea from the reading in your personal or professional life.

C. Suggested Actions for Further Exploration:

What are some actions you could take to explore this topic further/implement changes based on what you have learned?

4 Discussion Points

A. Discussion Starter:

Propose a topic from the reading that would generate thoughtful discussion among your peers or teammates.

B. Debate Topic:

Suggest a point from the reading that might lead to diverse opinions or a lively debate.

C. Connecting with Other Resources:

What additional books, articles, blogs, podcasts, etc., might you recommend based on this reading?