

# Keep - Stop - Start Exercise™

| INTERNAL - Transfers of Trust                      |  |   |
|--|--|---|
| KEEP   | STOP   | START   |
| What do I need to keep doing because it's working? | What do I need to stop doing because it's NOT working? | What do I need to start doing to be of greater value to myself, my team, our clients? |
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| EXTERNAL - Transfers of Trust                      |  |   |
|--|--|---|
| KEEP   | STOP   | START   |
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